

HOW TO GAIN MORE DISTANCE?

Stage 1

Know your swing speed

Stage 2

Choose the right clubs with professional fitting

Stage 3

Search for online lessons or golf pro to teach you how to improve swing speed

Stage 4

Trainee as much as possible. Home training is highly recommended and very economical

Stage 5

Monitor and control the improvement of your swing speed

Stage 6

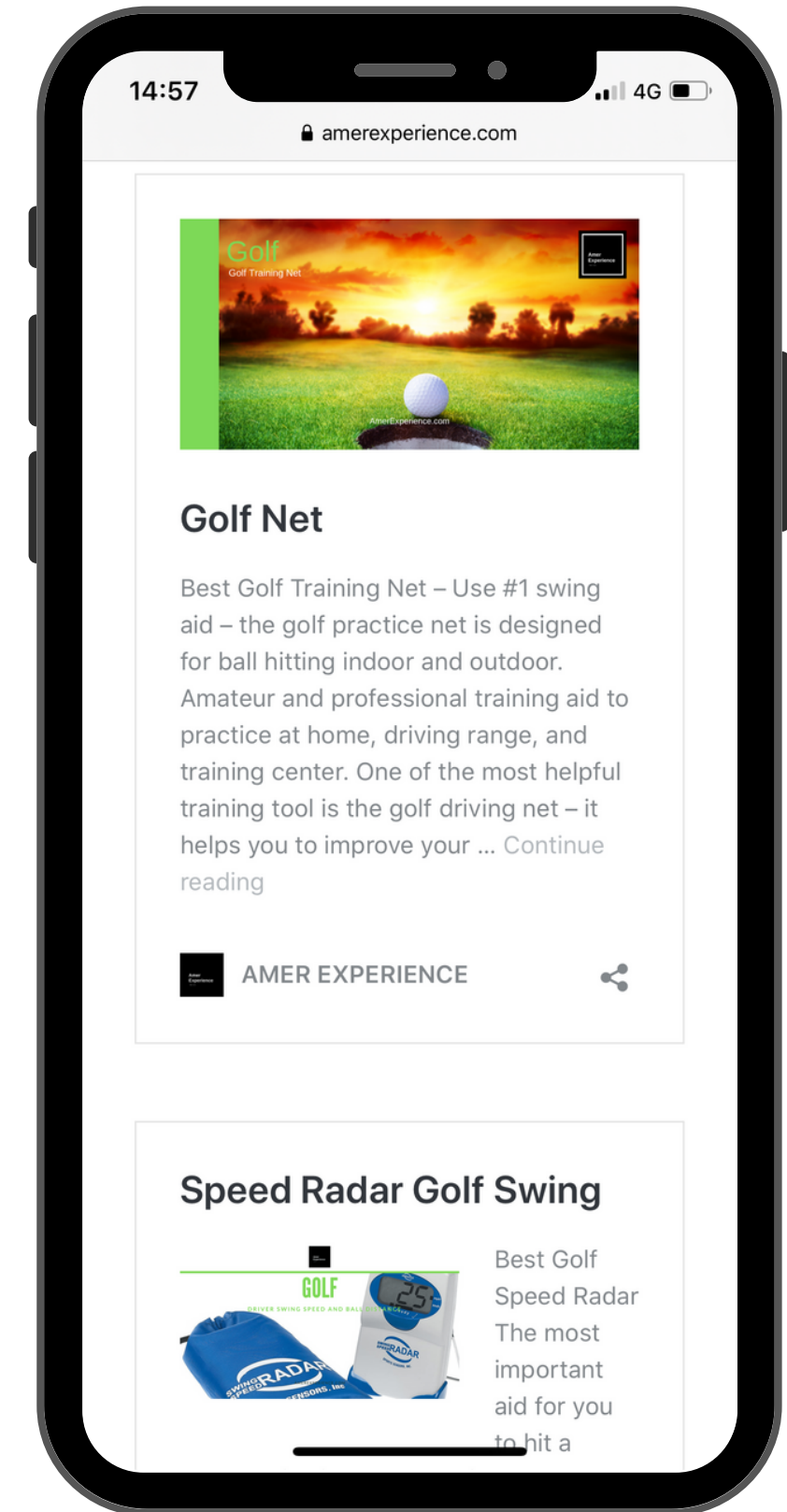
Use training aids: Golf speed radar, Golf Hitting Net, Swing Trainer, Swing Weight and more

Take With **POCKET SIZE** For Your Golf Round

Swing Speed Distance Chart Mph/Yards

AmerExperience.com/Golf

	60	70	80	90	100	110	120	130	140
Driver Total	155	180	206	232	258	284	310	335	361
Driver Carry	144	168	192	216	240	264	288	312	336
3-Wood	130	152	174	195	217	239	260	282	304
5-Wood	123	144	164	185	205	226	246	267	288
Hybrid	121	141	161	181	201	221	241	264	281
3-Iron	114	133	151	170	189	208	227	246	265
4-Iron	109	127	145	163	181	199	218	236	254
5-Iron	104	121	139	156	173	191	208	225	243
6-Iron	98	114	131	147	163	180	196	212	229
7-Iron	92	108	123	138	154	169	184	200	215
8-Iron	86	100	114	129	143	157	171	186	200
9-Iron	79	93	106	119	132	145	159	172	185
PW	73	85	97	109	121	134	146	158	170
Play Your Best Ever							SAVE THIS CHART		



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